

# We need the **essentials!**



## Could you run a donation drive in your community?

Refuweegee are providing essential packs of food and toiletries to addresses all over Glasgow and we need your help to collect the items that go into our packs.

A list of the items we need most can be found below:

### **Non-perishable food**

- Rice
- Pasta
- Tea
- Coffee
- UHT Milk
- Tinned Tomatoes
- Vegetarian Soup
- Beans
- Tinned Vegetables
- Pasta Sauce
- Tuna
- Biscuits
- Juice

### **Toiletries**

- Shampoo
- Shower gel
- Soap
- Razors
- Nappies
- Toilet roll

Essentials can be dropped off Mon-Fri 10-4pm at 1 Cadogan Square, G2 7HF. Please email [nikki@refuweegee.co.uk](mailto:nikki@refuweegee.co.uk) so we know when to expect you!

For all other donations, please email [enquiries@refuweegee.co.uk](mailto:enquiries@refuweegee.co.uk) to arrange a drop-off appointment.